

My Prayer Card

Thank you, Lord Jesus Christ, for all the benefits and blessings you have given to me, for all the pains and insults you have borne for me, merciful Friend, Brother and Redeemer. May I know you more clearly, love you more dearly, and follow you more nearly.

(St. Richard of Chichester)

God be in my head, and in my understanding;
God be in my eyes, and in my looking;
God be in my mouth, and in my speaking;
God be in my heart, and in my thinking;
God be at my end, and at my departing.

(Book of Hours 1514)

I bind unto myself the Name,
The strong Name of the Trinity,
By invocation of the same,
The Three in One, and One in Three,
Of whom all nature hath creation,
Eternal Father, Spirit, Word.
Praise to the Lord of my salvation:
Salvation is of Christ the Lord. AMEN.



(St. Patrick)

Lord Jesus Christ, Son of God, have mercy on me a sinner.

I believe. Help my unbelief.

Into your hands, Lord, I commend my spirit.

In the name of the Father and of the Son and of the Holy Spirit.



Our Father in heaven
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. AMEN.



I believe in God, the Father Almighty
creator of heaven and earth.
I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary, suffered under Pontius Pilate
was crucified, died and was buried;
he descended to the dead.
On the third day he rose again; he ascended into
heaven,
he is seated at the right hand of
the Father,
and he will come to judge the
living
and the dead.
I believe in the Holy Spirit,
the Holy Catholic Church,



the
living

The Stewartry of Strathearn